

DAYTIME MENU

STARTERS

Hand Dived King Scallops (gf) 9.95	Muncaster Crab 9.95
Sweetcorn puree, charred sweetcorn, smoked bacon crumb, parsley oil	Avocado, pink grapefruit, sourdough crisp, tarragon oil
Soup (v) 5.50	Heritage Tomato (v) (gf) 6.95
Warm artisan sourdough	Goats cheese pearls, beetroot gel, micro basil chervil
Pressing of Ham Hock (gf) 6.95	
Golden raisins, baby carrots, sauce vierge	

MAINS

Garden Pea & Mint Risotto (v) 12.95
Pine nuts, pesto, parmesan & rocket
Wild Mushroom Papparadelle (v) 12.95
Parmesan, rocket and truffle oil
Real Ale Battered Fish & Chips 12.95
Chubby chips, mushy peas, homemade tartare sauce

SHARERS

Mezze (v) 17.95
Falafel, humus, artichoke, peppers, pickles, bocconcini, olives, sourdough bread
Ploughmans 18.95
Cumbrian cheeses, pickles, honey roast ham, homemade pork & black pudding apple sausage roll, bloomer bread
English Charcuterie 19.95
Loma, copper, salami, bresaola (air dried beef), pickled vegetables and cucumber crisps, sourdough bread

Only served 12pm - 4pm

SANDWICHES

All served on white or granary bloomer with vegetable crisps and a mixed leaf salad.

BAHA Open California 6.50	Fish Finger Butty 6.95
Poached chicken breast, avocado, tomato, gem lettuce	Home made tartare sauce, burnt lemon
The Hum Yum (v) 6.50	BAHA Club 7.50
Roasted red pepper, sauerkraut, gem lettuce, pickled gherkin	Chicken, smoked bacon, egg mayo, tomato, cos lettuce

VEGAN OPTIONS

Please pick any ingredients from the menu and we will make it into any dish of your choice.

DAYTIME MENU

PIZZA'S

All Pizza's are 12" and stone baked with gluten free options available.

Local Poacher Mozzarella, Cumberland sausage, salami, chicken breast, spinach, fresh chilli	12.95	Our Margherita (v) Mozzarella, sun blushed tomatoes, herb oil, rocket	9.95
Padana (v) Goats cheese, spinach, caramelized onion, pine nuts, rocket, garlic oil	11.95	BAHA Hottie Chicken breast, pepperoni, mixed peppers, red onion, fresh chilli, sweet chilli sauce	12.95
Moo 'n' Blue Mozzarella, steak, wild mushrooms, blue cheese, rocket	12.95	Add a topping Chicken strips, extra cheese, wild mushrooms, caramelized onions, Cumberland sausage	1.00

BAHA BURGERS

8oz Steak Burger Smoked Appleby cheddar cheese, seeded brioche bun, hash brown, beef tomato, cos lettuce, skinny fries, house relish	13.95
Chicken Breast Burger Seeded brioche bun, beef tomato, cos lettuce, skinny fries, Cajun mayo	12.95
Falafel Burger (v) Seeded brioche bun with baby gem, tomato, green pesto, sweet potato fries	12.95

THE GRILL

Lakeland Barbecue Rack of Ribs (gf) Skinny fries, summer slaw	14.95
10" Smoked Cumberland Hot Dog Fried onions, French's mustard, summer slaw, sweet potato fries	13.95
8oz Rib Eye (gf) Chubby chips, confit tomato, shallot, watercress, with a choice of Diane, Peppercorn sauce or red wine jus	23.50

SIDES

Accompany any dish with any of these delicious sides.

• 10" Garlic Bread (v)	5.95
• 10" Garlic Bread with Cheese (v)	6.95
• Sweet Potato Fries (v) (gf)	3.95
• Skinny Fries (v) (gf)	3.95
• Chubby Chips (v) (gf)	3.95
• Beer Battered Onion Rings (v)	3.95
• Market Fresh Vegetables (v) (gf)	5.95
• Rocket & Parmesan Salad with aged Balsamic (v) (gf)	6.50
• Summer Salad, Single Estate Olive Oil (v) (gf)	6.50
• Artisan Bread selection with dipping oils, rosemary whipped butter	4.75

DESSERTS

Chocolate Delice Salted caramel ganache, popcorn powder, sugared hazelnuts	6.95	Sticky Toffee Pudding Vanilla ice cream & honeycomb	6.95
Coffee Espresso Panna Cotta (gf) Milk, Amaretti biscuit & ice cream	6.95	A Trio of Hand-Made Local Ice Creams We like to keep life exciting so please ask a member of staff for today's flavours. All our ice creams are locally sourced from The Handmade Ice Cream Company	4.50
English Strawberries Parfait, gingerbread crumb, Kendal mint cake	6.95	Cumbrian Cheese board Grapes, sourdough crackers, locally sourced chutney	9.95

VEGAN OPTIONS

Please pick any ingredients from the menu and we will make it into any dish of your choice.

KIDS MENU

STARTERS

All 3.50 each

- Soup** (v)
Warm artisan sourdough
- Garlic Bread** (v)
With a mozzarella topping
- Veggie Sticks** (v) (gf)
Humus and dip

MAINS

All 6.50 each

- Cumberland Sausage** (gf)
Buttery mash, garden peas or beans
- Kids BAHA Burger**
With fries
- Mini Fish & Chips**
With garden peas or beans
- Ham Sandwich**
On bloomer bread, with veggie sticks
- Tomato Pasta**
With cheddar cheese

PIZZA'S

All 7.50 each

All Pizza's are 10" and stone baked with gluten free options available.

- Margherita Pizza** (v)
A cheese and tomato topping
- Pepperoni Pizza**
A cheese and tomato with pepperoni
- Ham Pizza**
A cheese and tomato with ham
- Chicken Pizza**
A cheese and tomato with chicken

DESSERTS

All 4.50 each

- English Strawberries** (v) (gf)
With fresh cream
- Little Sticky Toffee Pudding**
With vanilla ice cream & honeycomb
- Ice Cream Sundae** (v) (gf)
A delicious desert that all kids love

SOFT DRINKS

	500ml
Coca Cola	1.80
Diet Cola	1.80
Schweppes Lemonade	1.80
Orange Juice	1.80
Cranberry Juice	1.80
Cordial	1.00

MILK SHAKES

	500ml
Strawberry	3.95
Banana	3.95
Chocolate	3.95
Caramel	3.95
Raspberry	3.95
Glass of Milk	1.00
Add: extra whipped cream	0.60

SIDES

Accompany any dish with any of these delicious sides.

- **Garlic Bread** 3.00
- **Garlic Bread with Cheese** 3.00
- **Sweet Potato Fries** (v) (gf) 3.00
- **Skinny Fries** (v) (gf) 3.00
- **Chubby Chips** (v) (gf) 3.00
- **Beer Battered Onion Rings** (v) 3.00
- **Market Fresh Vegetables** (v) (gf) 3.00